

# WELCOME TO UPPSALA – WE'RE HERE TO SUPPORT YOU

**Uppsala International Hub is here to help you settle into life and work in Uppsala.**

We support you and your family in getting established and navigating everyday life in Sweden. We offer guidance on practical matters such as housing, banking, schools and childcare, as well as social activities and daily life in Uppsala. We also support accompanying partners with career guidance and help international talents build local networks.

You are always welcome to contact us or explore our services at:  
**[internationalhub.uppsala.se](https://internationalhub.uppsala.se)**

**MOVE. LIVE. BELONG.**

**For more information:**

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**UPPSALA  
INTERNATIONAL  
HUB**



## OUR SERVICES INCLUDE:

### 01. SET UPP

We guide newcomers with support and advice about housing, banking, schooling, and much more.

### 02. INFO UPP

We provide information on practical matters such as taxes, pensions, healthcare and other important topics.

### 03. SKILL UPP

We offer employment support for those seeking job opportunities in the Uppsala region

### 04. MEET UPP

We bring people together through social activities, and make Uppsala a place where everyone belongs.