



Trails and tales in landscapes and histories

Nature Interpretation Lab Webinar #2

10 December 2024 13:00-14:30



CENTRUM FÖR
NATURVÄGLEDNING

Agenda 10 December

13:00 Hejhej and welcome, who we are as participants

CNV's work on trails *Eva Sandberg*

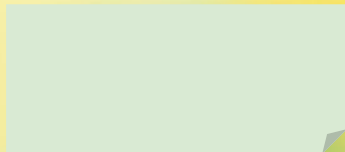
13:15 - 13.30 Today's theme and presentation:

Trails and tales in landscapes and histories, CNV researcher Jasmine Zhang

13:40 - 14:10 Share your trails and tales, and how you work with trails

14:15 - 14:30 concluding

Who we are...



Karin Ericson, Taiga Nature & Photo
Jobbar med bl a storytelling, naturstigar och skylttexter.

Elin Ångman, Mälarens vattenvårdsförbund.
Intresserad av hur man kan berätta om fakta om vatten på nya sätt. Storytelling, vandringar nära vatten?

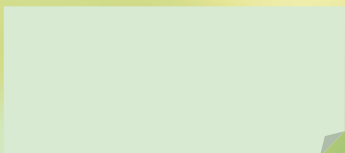
Katrin Jones Hammarlund,
Projektledare CNV

Jasmine Zhang, forskare, CNV

Peter Amling, MindChange Skogsbadsguide, mindfulnessinstruktör, vandringsledare. Har nyligen gått kurs i storytelling.

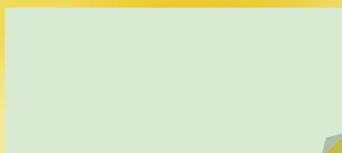
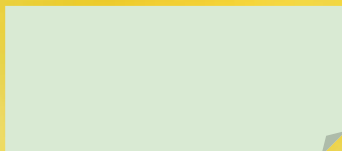
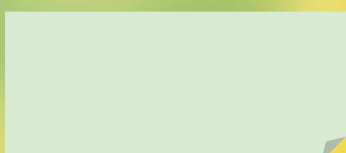
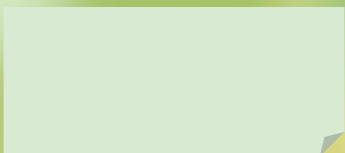
Johan Lindell, Upplandsstiftelsen.
Utomhuspedagog/biolog/lärare. Hur använder vi naturen som läroplats kopplat till skolans läroplan. "Fyrisåvandringen"

Eva Sandberg, föreståndare CNV



Peter Fredman, Mittuniversitetet och ansvarig för Mistra Sport & Outdoors.

Alexandra Thomys, intern CNV



Do you have a trail that is meaningful to you?

Think with these if needed:

How did this trail come to be and continue to exist?

What tales do you tell about it, why?

Does the trail tell you something beyond words?

Share your trails and tales (pictures can be inserted here)

Trails can connect the small with the large, A favourite trail is the Dag Hammarskjöldleden between Abisko and Nikkaloukta, walking off season reflecting about the human being och society at large. /Peter

Trails that you revisit, every day or every summer for example. The stories you tell about last time, and the changes you see in nature.

Elin

I have many trails that are meaningful for me.

- The Camino de Santiago I walk every year with my mother
- Different trails in my childhood forest or my home today
- The Padjelantaleden

/Alexandra

Trails can enable storytelling that span time, both long and short. Or rather, to expand the often short-term perspective that people have in modern society. My idea is to create a walk that spans the evolution of life on our planet, while allowing participants to expand their own horizons. /Johan Lindell

Every time we do a field trip in my work - we usually walk through a forest or agricultural landscape to look at restoration efforts, like wetlands. In order to understand the restoration effort we need to understand the past and "read" the landscape

/Elin

The very old stone paved trail leading from the Parnasso mountains in Greece to the antique temple of Delphi where the oracle once answered questions and gave advice as "know yourself" - walking there instead of coming with a bus was a special way to approach a sacred place - that is still special. Eva

Share your trails and tales

I have many trails that I love to walk.

The one I told you about with an old pine is one of them. When I walk there with others I can talk about the landscape shaped by the ice age since we see things that remind us of that. I always stop at this special old pine tree and say: Just imagine if this tree could talk!

Then I tell the stories that could have been told by the tree;-)

Things that have happened long time ago – like the chase of horse thieves. But I can also use the tree to reflect on all trees that are cut down before they are even 80 years old... Karin E

How would you like to work with trails?

We would like to create (in collaboration with many of course) a connected trail all around lake Mälaren /Elin

Some trails are good for "naturstigar" with interpretation others I like to walk with people and tell them stories and tales IRL. Karin E.

Trails as a context for sequential interpretation, building on place, time and perceived dimensions. /Peter.

Elin, we could collaborate around water questions. At Upplandsstiftelsen we organize "**Fyrisåvandringen**" that raises questions about sustainability for high school student. /Johan Lindell

There are often tales and myths connected to places in nature. They can be used as added value when guiding and sometimes also relate to today's explanations of these myths and tales. / Peter A

I think we need more regenerative trailguiding, i.e. how we can give back to nature, not just use nature. I don't know how yet but I am trying to find out how this could be done. /Peter A

Resources and links

<https://www.tandfonline.com/doi/full/10.1080/00291951.2021.1998216#abstract>

Rörelsearvet:
<https://www.raa.se/evenemang-och-upplevelser/kalenderhandedelser/rorelsearvet-ett-nytt-kulturarv/>

Naturvägledning syftar till kunskap om och känsla för naturen.

SLU Centrum för naturvägledning, CNV
– Kunskapscentrum och mötesplats för naturvägledning.

Pssst: gå in på www.cnv.nu och skriv upp dig för CNV:s nyhetsmejl.

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Tack!



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