

Outline for virtual workshop **'Take Charge of Your Career as an Early Career Researcher',** Facilitator: Dr. Kerstin Fritsches, PostdocTraining

Day 1 - 'Why and how to plan your career'

Please note: The times are in AEST UTC+10 (Brisbane,

Australia.

from 7:45 am	Zoom room opens, please connect a few minutes early for a 8:00 am start
8:00 - 8:30	Introduction and overview of the day Context: the employment market for researchers and what it means for you
8:30-10:00	 Session 1 - Aim: Know your strengths, know your options Preface: taking charge of your career Exercise Theme A: Capabilities and preferences Exercises Theme B: Exploring your choices
10:00 -10:15	Morning e-tea / coffee
10:15 - 11:30	 Session 2 - Aim: Create your career plan Preface: the art of 'bringing the future into the present' Exercises Theme C: Mapping your career
11:30 - 12:00	Post-workshop Q&A as required

Day 2 - 'How to implement your plans'

from 7:45 am	Zoom room opens, please connect a few minutes early for a 8:00 am start
8:00 - 9:45	 Session 3 - Aim: Build your networks, develop your profile Exercises Theme D: Define and strengthen your networks Presentation: how to market yourself and create linkages that get you ahead
9:45 - 10:00	Morning e-tea / coffee
10:00 - 11:10	 Session 4 - Aim: Develop and sell the skills that win you jobs Preface: Skills and track record requirements for positions in academia, government and industry Exercises Theme E: How to capitalise on transferrable skills
11:10- 11:30	Mastermind exercise and closing
11:30 - 12:00	Post-workshop Q&A as required

Please note there will be additional 5-minute breaks at regular intervals throughout both sessions.



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Day 1 - 'Why and how to plan your career'

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Australia).

from 5:45 pm	Zoom room opens, please connect a few minutes early for a 6:00 pm start
6:00 - 6:30	Introduction and overview of the day Context: the employment market for researchers and what it means for you
6:30-8:00	 Session 1 - Aim: Know your strengths, know your options Preface: taking charge of your career Exercise Theme A: Capabilities and preferences Exercises Theme B: Exploring your choices
8:00 -8:15	Morning e-tea / coffee
8:15 - 9:30	 Session 2 - Aim: Create your career plan Preface: the art of 'bringing the future into the present' Exercises Theme C: Mapping your career
9:30 - 10:00	Post-workshop Q&A as required

Day 2 - 'How to implement your plans'

from 5:45 pm	Zoom room opens, please connect a few minutes early for a 6:00 pm start
6:00 - 7:45	 Session 3 - Aim: Build your networks, develop your profile Exercises Theme D: Define and strengthen your networks Presentation: how to market yourself and create linkages that get you ahead
7:45 - 8:00	Tea / coffee
8:00 - 9:10	 Session 4 - Aim: Develop and sell the skills that win you jobs Preface: Skills and track record requirements for positions in
	 Frence: Skills and track record requirements for positions in academia, government and industry Exercises Theme E: How to capitalise on transferrable skills
9:10- 9:30	academia, government and industry

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