

Leptospirosis - a zoonotic disease with global impact

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Leptospirosis

- One of the most common zoonotic diseases known
- World-wide distribution
- Disease incidence is significantly underestimated
 - Broad diversity of symptoms
 - Limited diagnostics
 - Need for improved health education
- High incidence of mortality in humans
- Many animal species become chronic carriers of disease



Pappas et al 2007 Int. J. Infect. Dis. 12: 351.

Typical spirochete morphology



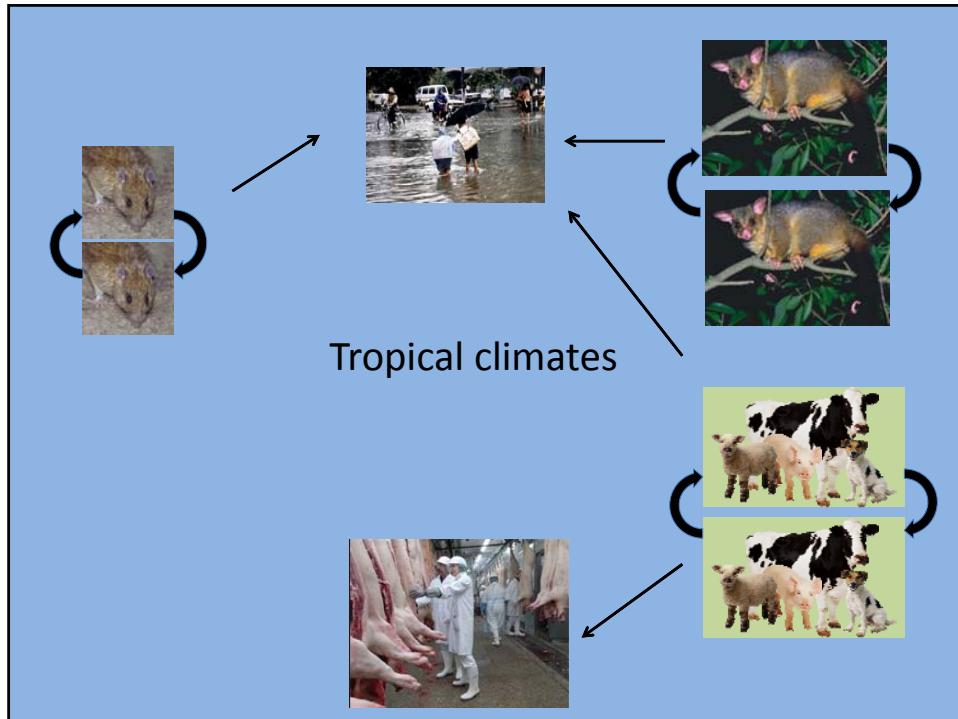
- EM of *Leptospira*
 - Note hooked and spiral ends
 - Morphology and cellular structure enable unique mode of motility
 - Penetrate large variety of tissues

Disease maintenance and transmission

- Pathogenic *Leptospira* reside in maintenance hosts
- Humans are accidental hosts
- Animals may also be accidental hosts
- Transmission is often a result of exposure to urine contaminated water or by direct contact with blood

Disease

- Gain entry through mucous membranes or abraded skin
- Localize in kidney
- Pass to bladder then urine
- Enter water to potentially infect new hosts
- Colonization of liver may indicate potential for severe infection
- Not all species tolerate water (host to host)



Specific maintenance host relationships

- >200 serovars
- Specific host-serovar relationship
 - Difficult to identify source of infection in areas rich with diversity
- Maintenance hosts have chronic infection with little sign of disease
- Accidental hosts (humans other non-maintenance hosts) often suffer acute infection with significant mortality rates

Emerging problem in urban slums

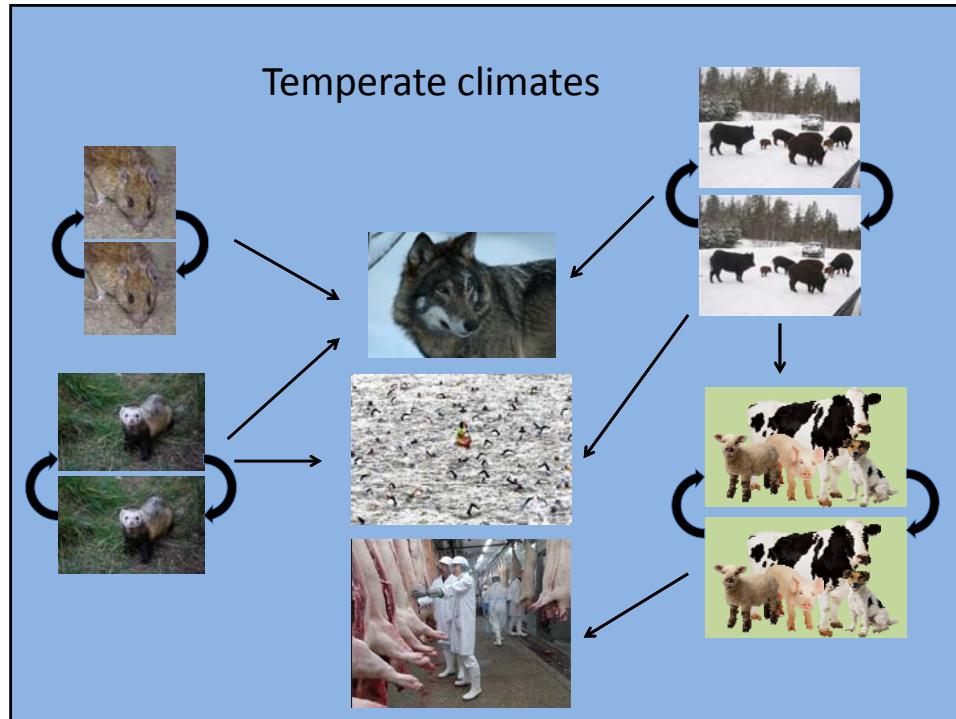
- Sharp increase in annual epidemics in urban slums
- Epidemics correspond with annual rainfall
 - Heavy rainfall = urban flooding = human infection
- Common sources of infection are domestic rat (#1) and dogs
- “The only epidemic-prone infection which can be transmitted directly from contaminated water is leptospirosis, a zoonotic bacterial disease.”*

*WHO Health action in crises fact sheet
http://www.who.int/hac/techguidance/ems/flood_cds/en/#

Comparison of human leptospirosis, dengue, and hantavirus infections (2002)

Disease	Leptospirosis	Dengue	Hantavirus
Total cases	Unknown	~50,000,000	Unknown
Severe infection	300,000 – 500,000	400,000	150,000 – 200,000
Mortality rate	5-20%	5-15%	3-10%

Source: Rudy Hartskeerl
 WHO Collaborative Laboratory
 Royal Tropical Institute
 Amsterdam, The Netherlands

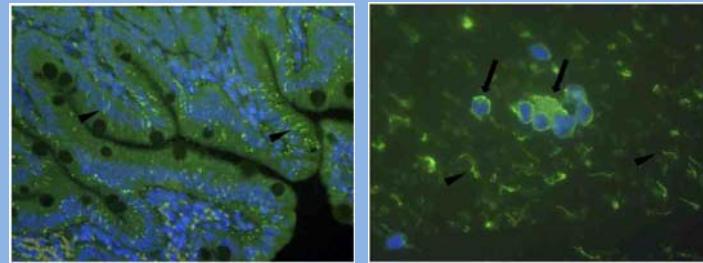
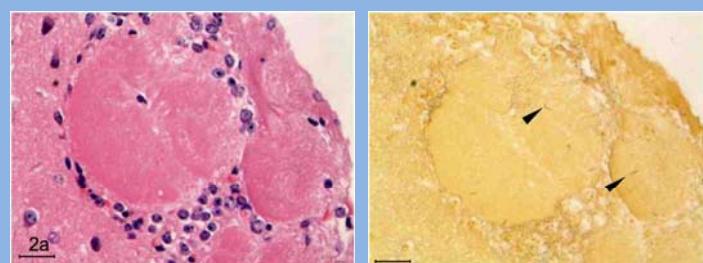
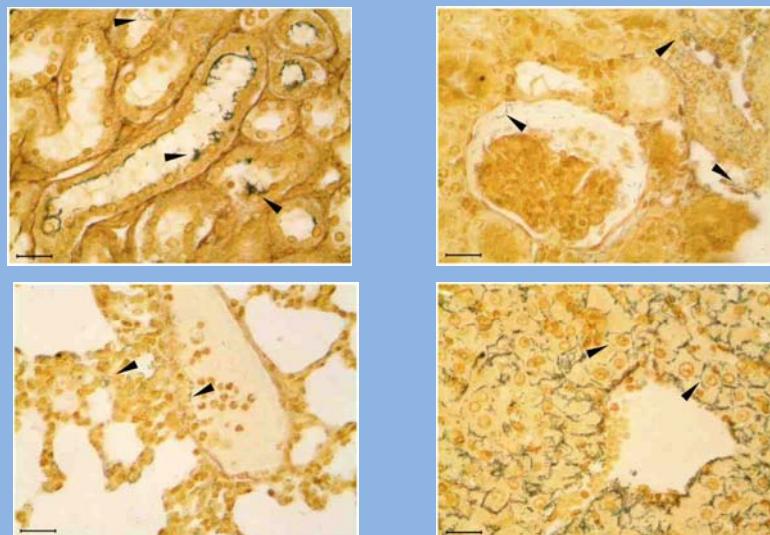


Pattern of infection – temperate regions

- Veterinarians, abattoir workers, animal workers
- Recreational exposure
 - Swimming, kayaking
- Travel
- Pets



Leptospira colonize many tissues during severe infection

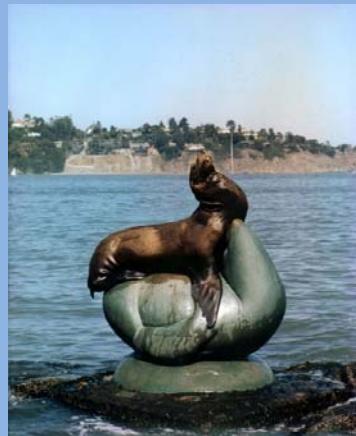


Innate vs. Adaptive Immunity

- In maintenance hosts (cattle as a model) interaction with cells associated with innate immunity or that bridge innate and adaptive immune systems may be critical for establishing chronic infections
 - Neutrophils
 - NK cells*
 - Gamma delta T cells*

Animal migration and leptospirosis

Impact on protected animal species



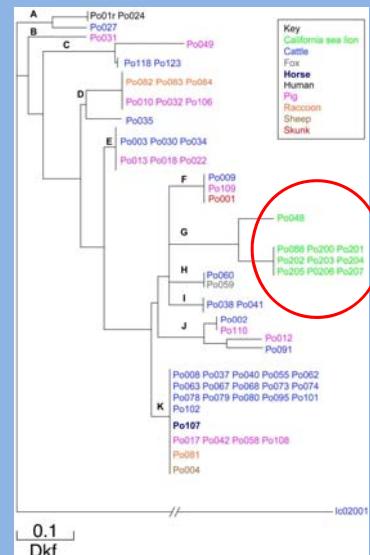
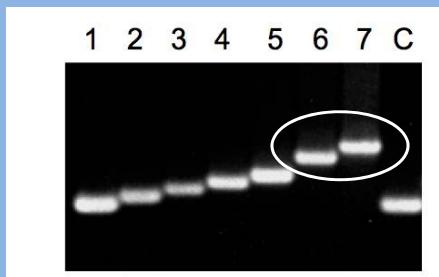
- California sea lion
 - Rookeries on islands off the So. California coast
 - Hunted to near extinction
 - Now protected and numbers rebounded
 - 1970 severe leptospirosis epidemic
 - Continued every few years
 - *L. interrogans* serovar Pomona
 - Current season is one of the worst on record

- 2004 outbreak
- Sick animals (males) found as far north as British Columbia and Puget Sound
- Infection was dispersed over 2000 km north
 - Potential for equivalent dispersal south to Gulf of California (females)



Sea lion isolates form a unique group

- VNTR analysis
 - PCR regions that differ in the number of repeats
 - Run samples on gel and compare sizes

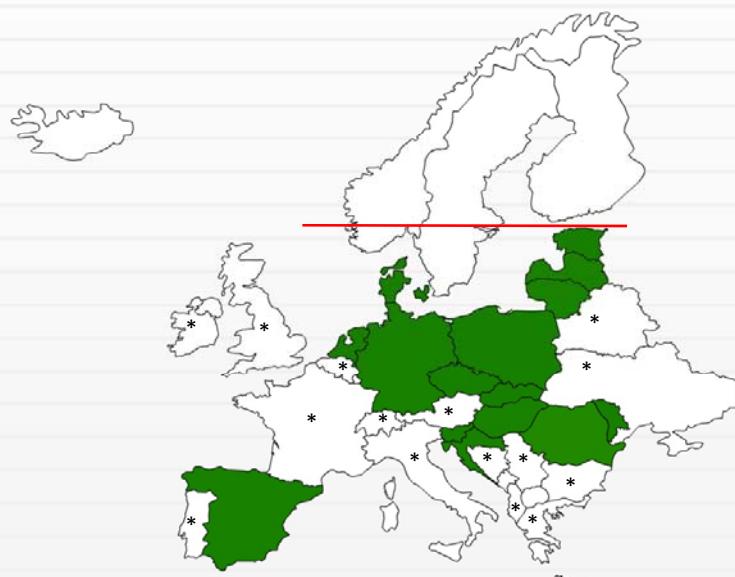


Changes in relationship

- New studies suggest that a maintenance host relationship is developing between serovar Pomona and California sea lions
- Broader impact
 - Sick animals haul out near freshwater outlets
 - Interaction between terrestrial and marine mammals
 - Potential for transmission to humans
 - The same genetic subgroup of Pomona has been isolated from terrestrial animals on the islands in the rookeries

Impact of human encroachment

- Channel Islands
 - Rookeries for California sea lions
 - Previously used for swine production
 - Introduced pigs destroyed normal flora
 - Affected ground cover of small mammals (e.g. Channel island foxes and spotted skunks)
 - DDT use impacted bald eagle population
 - Golden eagles replaced bald eagles in region
 - Hunt small mammals
 - Channel island foxes and spotted skunks are now maintenance hosts for leptospirosis
 - These animals are under pressure from new predator, lack adequate protection from flora, and now have chronic infections affecting reproduction
 - Both species are either listed as endangered or of special concern



Bacterial genera with potential for zoonotic diseases – migratory animals

Marine Mammals

- *Brucella*
- *Clostridia*
- *Coxiella*
- *Leptospira*
- *Mycobacteria*
- *Vibrio*

Birds

- *Anaplasma*
- *Borrelia*
- *Brachyspira*
- *Campylobacter*
- *Rickettsia*
- *Salmonella*

Future concerns

- The role of environmental contaminants, e.g. PCB's, can have an immunosuppressive affect on wildlife
- Changing climate may
 - Alter migration patterns of animal species
 - May alter northern environments to assure pathogen survival

A better understanding of human activity and impact on the environment combined with disease surveillance are essential to limit encroachment of diseases into new regions.