

## Half-day Finish On Time workshop on academic productivity: From efficiency to effectiveness

Arranged by Graduate School for Veterinary Medicine and Animal Science (GS-VMAS)

Do you want to get tools and strategies that help you increase your academic productivity? Then sign up for this workshop!

**Date:** May 22, 2024

Time: 13.00 — 16.00

Place: Tanngrisner 1, VHC

GS-VMAS welcomes PhD students to join this seminar on academic productivity.

The objective with this workshop is to provide PhD students with a toolbox for increasing academic productivity to help them finish their academic work on time.

In academia, we focus on the what, on the content of our work, but we sometimes forget to pay attention to our own work process or how we work, think, and act. However, those processes are important for finishing research projects and managing stress levels. Furthermore, as individuals, we often have a primary strategy or certain way of thinking and acting to deal with a variety of situations. Often, that main strategy works fine, but when we encounter new situations, we might need a greater variety of options.

This workshop is designed to provide you with new strategies applicable to academic work. More specifically, you will learn productivity tools such as the 80/20 principle, focusing on the end product, and working in units, and apply them to your own work situation. These tools serve to reinforce each other, are easy to implement, and provide a powerful impact.

A lunch sandwich will be available from 12.30 for workshop participants

**REGISTER**: <a href="https://www.slu.se/en/graduate-schools/graduate-school-veterinary-medicine-and-animal-sciences/gs-vmas-courses-and-application/">https://www.slu.se/en/graduate-schools/graduate-school-veterinary-medicine-and-animal-sciences/gs-vmas-courses-and-application/</a>

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Last date to register: May 10, 2024

