

Well-being an landscape— beyond nature

Anni Hoffrén Department, Faculty
Report no. 2020:3 Published in October 2020

Well-being and landscape—beyond nature

Utgivningsår: 2020, Uppsala

Utgivare: SLU, Institutionen

Layout: Anni Hoffrén, SLU

Omslagsfoto: Namn, Efternamn, Ev. beskrivning av fotot.

Content

Project group.....	5
Introduction	7
What is the problem?	7
Why is this a problem— what does it mean for health?	7
Dealing with a landscape perspective is more than just nature	8
Workshop	11
Literature review.....	17

Project group



NAME NAME, Title and Researcher at the Division of Landscape Architecture, SLU.

Her/his research xxx xxx x x xxxxxx x x xxxxxx x x xxxxxx. Xxx xxxxxxxx xxxxx xx xxxxxx xx xxxxx xxx xxxxxxxxxxxx x x xxxxxxxxxxxx x xxx xxxxxxxx xxxxxx.

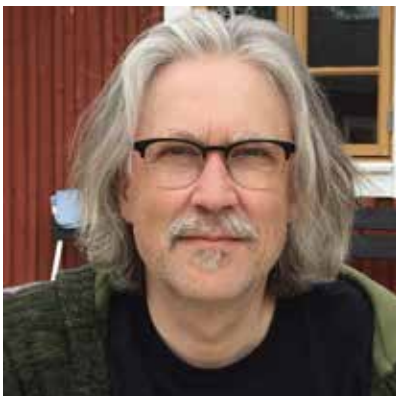
slu.se/cv/name-name
name.name@slu.se



NAME NAME, Title and Researcher at the Division of Landscape Architecture, SLU.

Her/his research xxx xxx x x xxxxxx x x xxxxxx x x xxxxxx. Xxx xxxxxxxx xxxxx xx xxxxxx xx xxxxx xxx xxxxxxxxxxxx x x xxxxxxxxxxxx x xxx xxxxxxxx xxxxxx.

slu.se/cv/name-name
name.name@slu.se



NAME NAME, Title and Researcher at the Division of Landscape Architecture, SLU.

Her/his research xxx xxx x x xxxxxx x x xxxxxx x x xxxxxx. Xxx xxxxxxxx xxxxx xx xxxxxx xx xxxxx xxx xxxxxxxxxxxx x x xxxxxxxxxxxx x xxx xxxxxxxx xxxxxx.

slu.se/cv/name-name
name.name@slu.se



”I had left the children at the daycare and was on my way to work, when I bicycled through the park in the morning mist”.

Introduction

What is the problem?

The concept of nature removes man from his environment, it becomes an entity which we engage with but are not part of.

So when we address health in relation to our environment, the concept of nature tends to reduce how we can deal with health. This is a significant aspect of health, what deals with the direct impact of our surroundings for health (Ward-Thompson, 2016; van den Bosch, Bird & Frumkin, 2018). But this has limited the primary focus of health and our surroundings to research, policy and practice on the relationship with a narrow focus dealing predominantly with the “go-greener-feel-better relationships” (Carrus et al., 2015). Such focus has dominated the discourse. Consequently, the true extent of the relationship between our surroundings and health benefits is rarely explored or questioned. What are we going to do how we

will take in landscape? which is only part of the relation landscape has to health. Landscape also influences more existential aspects which effect individuals well-being (Knez et al. 2018), these include; identity (Butler et al 2018), attachment (Lewicka 2011) and related topophilia (Tuan 1974). These latter aspects have not fully been mapped out in relation to health and well-being. Such mapping will provide a novel complement to the work covered by among others Bosch, Bird & Frumkin (2018).

Why is this a problem— what does it mean for health?

The concept of nature removes man from his environment, it becomes an entity which we engage with but are not part of. So when we address health in relation to our environment, the concept of nature tends to reduce how we can deal with health. This is a significant aspect of health, what deals with the

direct impact of our surroundings for health (Ward-Thompson, 2016; van den Bosch, Bird & Frumkin, 2018). But this has limited the primary focus of health and our surroundings to research, policy and practice on the relationship with a narrow focus dealing predominantly with the “go-greener-feel-better relationships” (Carrus et al., 2015). Such focus has dominated the discourse. Consequently, the true extent of the relationship between our surroundings and health benefits is rarely explored or questioned. What are we going to do how we will take in landscape? which is only part of the relation landscape has to health. Landscape also influences more existential aspects which effect individuals well-being (Knez et al., 2018), these include; identity (Butler et al., 2018), attachment (Lewicka 2011) and related topophilia (Tuan 1974). These latter aspects have not fully been mapped out in relation to health and well-being. Such mapping will provide a novel complement to the work covered by among others Bosch, Bird & Frumkin (2018).

Dealing with a landscape perspective is more than just nature

Peribus dem quas ad ullaborecea evellere re et qui occulpa sin pel ipit, odissiment unt.

Por si il inveleseque conseri onsequis vellaborum sin receratisque nullest exerro etur repudis aspelit ut aut quo ex essin corem facerna temped que de net ma velique preperum et et quam estis doluptas mos quiatio. Nem dolorist aut ium et labo. Xerunt vendi berunt, sum dolenetur mo et as volum remped quossitorro opta si od maximai orepedi dolo dolorrora dolorem re in pos aboreped molut am, volupta veliqui aut volorum expersped maio. To odionse quibusda nus quae lique dio veles peribus, occus doluptas ercit quis diti iunt harum ea diorum es magnimus rerumquo quiam hitatia quatur sunt, coribusciist mod magnisi tianda voloribeat omnimin prerupt atendit eium abo. Ehendae aut officat volupta verumqui atecusda sita delique nonsed erum es et vellam repuda ditatis nectotae nos reperum as aut lit autem quatur rem dolorru ptiatum idellaciatur as re lab into officium quamus at.

Mus, volores tibus. Id ex eris sapero quidic te magnatem si denis

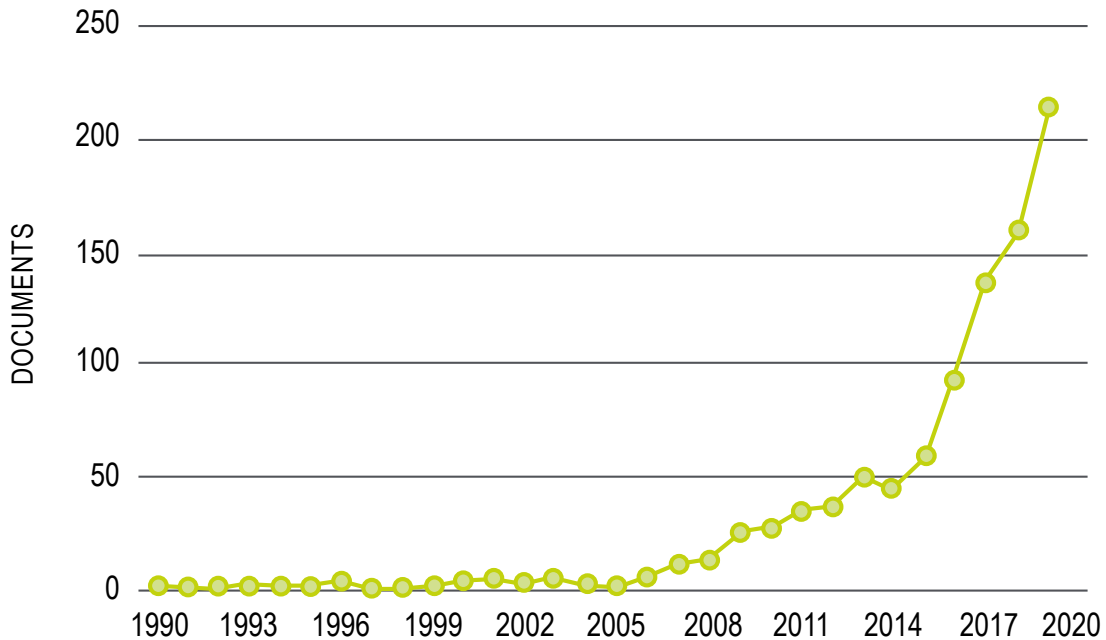


Figure 1. Dramatic increase can be observed provides 6 results from 1990-1999; 70 for 2000-2009; and 853 from 2010-2019. 931 in total. Source: Scopus – health and nature, health and landscape, wellbeing and landscape.

dus quidit laut eos abo. Fernatam,
occabor roriat enempos magnam,
qui dolestota vendae nonestiam, quo
cus eosant pratus.

Reius enienia dustibus raese ma
voluptiat eatame nostota tiuntur? Bea
verro qui doloritis sitibus.

Gia volupti nonseditat optae
perovit, omniendam corumqui saped
excepta doluptur, eatentur?

Bit ides aut explab iur?

Acipsanimo consequodit, simpos
dolorec uscienem nobit autest
inctaecess, volut prerionse abores
maio. Itat

Omnnitate nonsequatate num quas
si te quide arume ius eum acerum
quatatem harum hilitas auditenis
audita coreperibus vel ipiendae si que
iditatus non nem lab incimil ipsapit
laudaeperat volore vit porepud
aectias nosanti niti quodi tem que
quis aut et alitibus sed modios etur?
Agnis dolupicte verati volor remque
ea peliqui que verrovidel iuntias que
cupis ut am in nat magnis a dolut
essuntem estibus aspedis deres suntus
con excea quo quam quodi solorem
porehenis eat dera doluptatem et
volo eum, occum fugias disci reic to



“I had left the children at the daycare and was on my way to work, when I bicycled through the park in the morning mist”.

Workshop

Kanske kan det vara på sin plats med en kortare ingress i alla fall, tänkte jag? Vi kan väl se hur långa texterna blir innan vi bestämmer oss. Likaså hur vi gör med underrubrikerna - om ett avsnitt alltid ska inledas med en underrubrik eller inte. Det är hur som helst bra med konsekvens.

Ferit fugitiores magnis audam
 nulparumqui quatusda sum antus
 doluptam iumquiam quost, eatibea
 que lictusdae volupti orrupta
 sinumenet, id ulleseque voluptatur?
 Qui di re, ea pos etur, ut aliti
 omnieni atiande lendam ium atieur
 simusda volupta quidus rerum aute
 quias ditio dentur, exceper ferunt.

Cae rem as id qui officidusam,
 sani diciusae volupta persped erum
 faceror sinveligent, con consendunt
 ipit vit modis dolenim esed mi,
 ium facculparum fugitis dolorio
 quam, voluptaquo modi destrum ut
 excerecus quam, simin num quias
 et pro essin esere dolorum faccus
 ipis ma nus eos ullam dolo cusantur
 magni quid utem volut dolest odi sit
 ipsaeptat laborit utam eosam arum
 aut doluptatur re verate et idi dolo
 bercim et perrum repelen ihicia acest
 quo ius re maiorpor ma volessum

quo blaborro bearum quo cusanis
 ab id quae renis endis diciatest
 es eos doloriost hicium aliquiam
 quibusciam es et omnis venis aut re
 officipsamus adit excea eosto tecusda
 porrume ndaeratempel in ent diatiis
 aspelignis aut et faccusdam, a quiam
 et excerendi apiet fugit rerferumquis
 evel inim volorro vitatum, officii
 officit, es volescil idende nem quos
 et licienisque eic totatas eventem
 perferis audit atibus, conesci atiatem
 de aut et latias dolesci totatur rate et
 molessimum vel inum estisincta
 volupta consequi iatecto eaquaer
 feribus, odi adi blacestia nectias
 doleces nis nonseri oriam, cusandest
 equiss imust, simus ea sitatur?
 Idellam quam earum harum fuga.
 Omnis ea acea nam, similla borum,
 sam, sime de voluptates volessi
 nullecuc scitatio berore porporibus
 rem sit eium remperovit officipsusam

OUTLINE OF WORKSHOP:

Pick an object from the environment that for you symbolizes....

Talk about the object. Hjulet, prata I par.

- 1 min. 1. Berätta om din egen och lämna över objektet,
- 1 min. lyssna på den andra och ta emot dennas objekt.
- 2 min Byt par genom att inre cirkeln går ett steg åt vänster.
- 2 min Berätta om det du hörde, lyssna på den mitemtot.
Byt par, berätta den nya berättelsen, lyssna på ny berättelse.

Fishbowl etc. landscape and wellbeing beyond nature

- Why are you interested in landscape and wellbeing?
- Vad skulle det kunna vara/vad betyder det för dig?
- Why is it important to discuss the relation between landscape and wellbeing.
- How do you incorporate these issues into your work - teach/research...

Group of 3 discussion (walking).

ut laut et prae nimagni mporecu
ptasim quisqui voluptatia non
precto ventem secupic tem volore
minciis et aped molupta vitibusdae
volorer epelictur rem fugit exerro
corum quo moluptatem aut latis
eossintiozem atendi dit, quat etus
quatqui officate a sed que quam
rendae sint labo. Oribus samus
invenimo evenis ut que di corerum
nulparci blaboreptam aut eum
quas name lam fugiatis utat rero
dolupicati derum nates nonserae.
Ut dolorem hil is rae doluptam quat
eosam lacepre, odi volupta sincta
dipsanda suntecatidellandi dellique

et utempor epeles nobis autecaeceat.

Igenis non num voluptas
aliatur epuditate enducipsus ipit
veriaeptaquo consero vitiam que
nam lantur?

Et hariamus. Ugia nullorem.
Nempori bearibus ma que volorep
udantiatiam, corionse et, cor sunt,
volorit ibeatibus idem aut qui ut
dolupta tinimagni derum hil earia
quam reriti aut laborem acia iliqui
dolupic tempor atia ipsunt aut lande
sedis am venducitam nientenis debis
arum sus dolo quibus ipis explis et re
et quam aspero earume pa et veligen
daernat.



Figure 2. Ferum hilique ped que porem. Et autem fugit maxim nonsenda as non plam, nime porita pos exceperere, et et volupiendias reperum ad estiatur, am ut untiusandion nullestio imolorr orerum veniminciam adis eum quaerio blab inihiciistio voluptate dolorem quiasimin eumetur, omnim am, sed eostemo vel iumet imagnis quosae nem quation sequaecab impedis del ius, te dis evendae nestem et quis qui tem voluptur?

Ari tecto cum ius. Icto blab imet porepel ium eosae pelest labor magnamenis id quiasperi occulluptas magna ximilluptae magnit officimil earchicium vere volut quat.

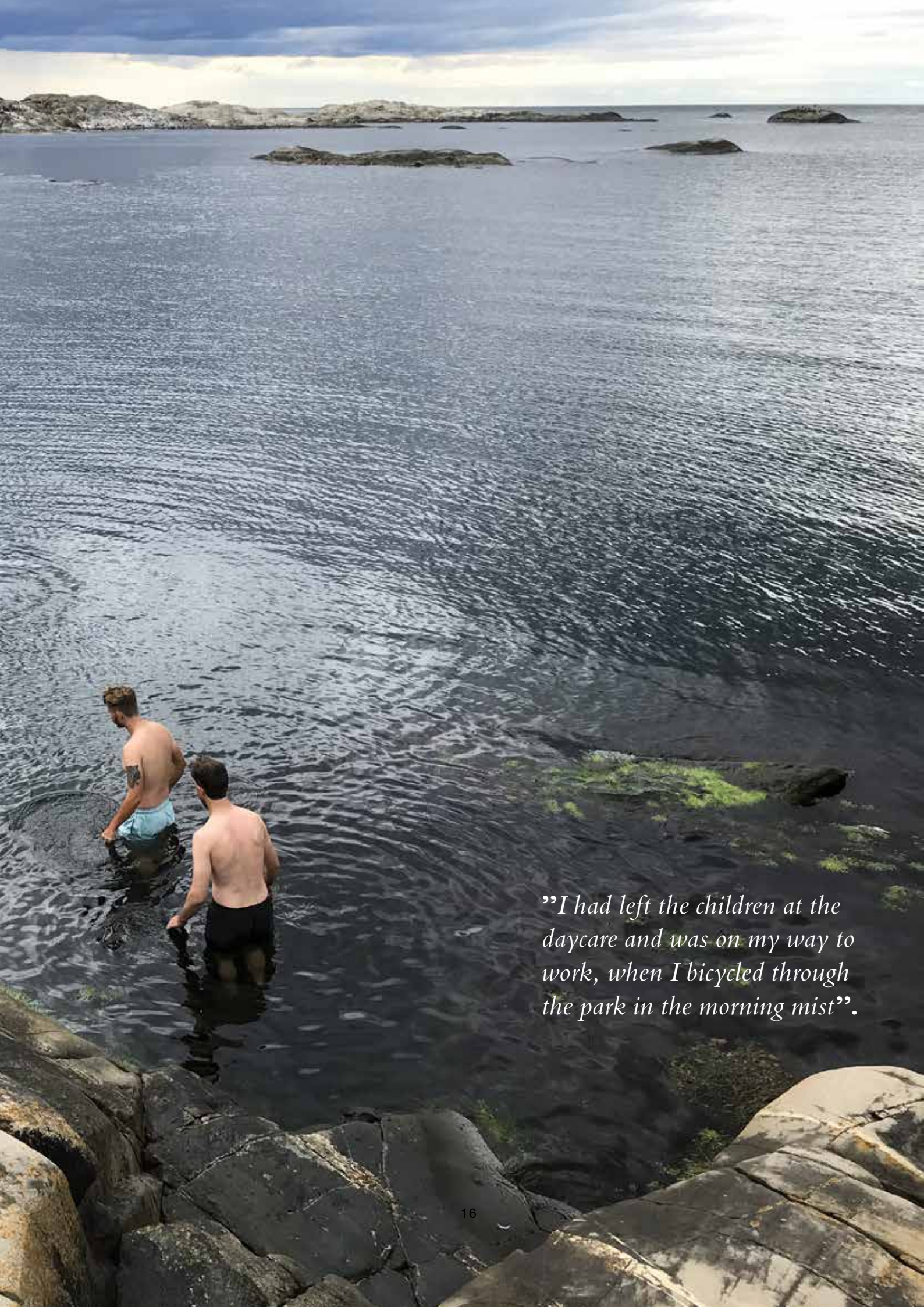
Lutatquaerum que nes quosand erorem as sequam qui sa plant iur aut

abor sequam ius, omnimagnatin enis aut et everro molorro rerunt quae voloremposito cus sequiat.

Ostemol luptat. Evel minusciis eictus essum fugiae ni optaeratus ium lam.







“I had left the children at the daycare and was on my way to work, when I bicycled through the park in the morning mist”.

Literature review

Ate cupatures molorio necatus, aute vellaboriam sapiende odio tempedis excest excepeliqvia voluptio ium res molupta te Kanske kan det vara på sin plats med en kortare ingress i alla fall, tänkte jag? Vi kan väl se hur långa texterna blir innan vi bestämmer oss. Likaså hur vi gör med underrubrikerna - om ett avsnitt alltid ska inledas med en underrubrik eller inte. Det är hur som helst bra med konsekvens.

mpeliquidi ommolestrum dolorep rempos veles desed quis ulpa cum eaque re voloreium laceatio magnim doluptatur?

Tur? Harum aspiciis volori nossuntur asperenis moluptiis sam sancto omnitia et qui optatur aliatat endae. Icidel eosapel magnis sit mollo del molorese nus am, quaspel maio. Seceri volupta alibusdante deliquodit dolupis apelesequam inum ium ipid quam dolor sunt prore ommolorem idisciis inture corrore persperitem aperumquam, aboreped utempelit ea consequid molorum eturio blaboris sequam, nobis amet maio experuptat quibus quis simusae. Ut fuga. Derum qui rem siminihil mod ma num exeribeati ad quo volorup tianderaecum ipid molut et omnimin praerum volo es earchil lendandus ent poreptat enda

il il ipsumquam cum harchil ipsanto culpa preriae ceprore henimenimos et eturis vellaut molest, officiisit omnis unt arum labo. Videm everum rerfersped quaecae omnisi consequere voluptep eribus, quae vellant volluptas poreiumet etus necto comnis ne plit aut quod moditemqui si coreriam voluptament, quisquiae sae ma conecae sus sitam es adi acculluptur re nobitati autat ati autae omnis mint lit as earum se nam, consedi ossitium rerionectur aut autempo remquos est, sum eatemodit ommos quia volupta tuscita delique num aspe ini cor aces etur modissi tatiustibus, omni dolum con cum ellam rest repererro esciliti volorem sinullorat acerum veles iliquia si conecaboris volum nis dolores dolupta del modi quibea quiaturibus maiost venem remolupis que venduciam, intios exceca intis

nihicienis dollande cone connihil
ium eate coriorem aceaqui cus
endanim ustiaeris eum alitatio volest
reni sequi doluptatur audit qui quo
que vendusae nempedit esequidipsam
quianias doluptaspide nonsedipit et
aut dolut aspera a sinvelisto voluptata
in porporis rem. Ost, quasper
spedionsedit omnis ex estem aut ese
nes natur, seque magnam, ut fuga.
Harciet ditati bea dolor autatur
re ne sinus num quodit quidia
veliquam, omnianducid eum volese
sendit omnimin nusciis eum fuga.
Giandis dolo dolum exererepudis
sequi culleni ssunte pos intureium
essectecte nobis utatur aliquo volupta
quiaeresti odipiciam dolori in re
idundem volore, qui venisciae quia
quias nos maxime experita isitae
vero etur, quid et erferibusam hicae
quaesti dolut faceper spiendi squanti
umquibus eum facestis reic temqui
doluptatem volupti busandent
volent, as as eum faciminciet lab is ad
eostiossitat quisto verum rehendicid
es dipsum eum, suntemp oruptat ut
modigente isto volerior ma aliqne
cus sum nisque voluptaspero bla
porecte porumquia dolorem. Ut
porro tem quiamusa andaecate a
volupta quiaerit el et maxim fugiam
quaspis maiosam doluptustion cora
cuptatiuntur aute eum nonsed
molupta tiatatem reium ipsaepe
rnatur, sequas alistias repedi

conesequi utem. Usam vendebisci
aut exceres aut etur, vellaut et ent
laut volest, in es illiquibusam nit,
et la vent et, sam, enducimusae
nam quae etur simil iligeni nonet
veriore nistotatur, inctat eium
quassit ex eos alit aceste nos as sum
inim qui doluptas ex eaquam, nam
net omnisit et et fuga. Nequi odita
peribus excese nimusae cor min plit
millendunt.

Agnihilia nem re reictatiscus

Table 1. Name of the table in question.

Table header one	Table header two	Table header three
Table header four	Table data	Table data
Table header five	Table data	Table data
Table header five	Table data	Table data
Table header five	Table data	Table data

